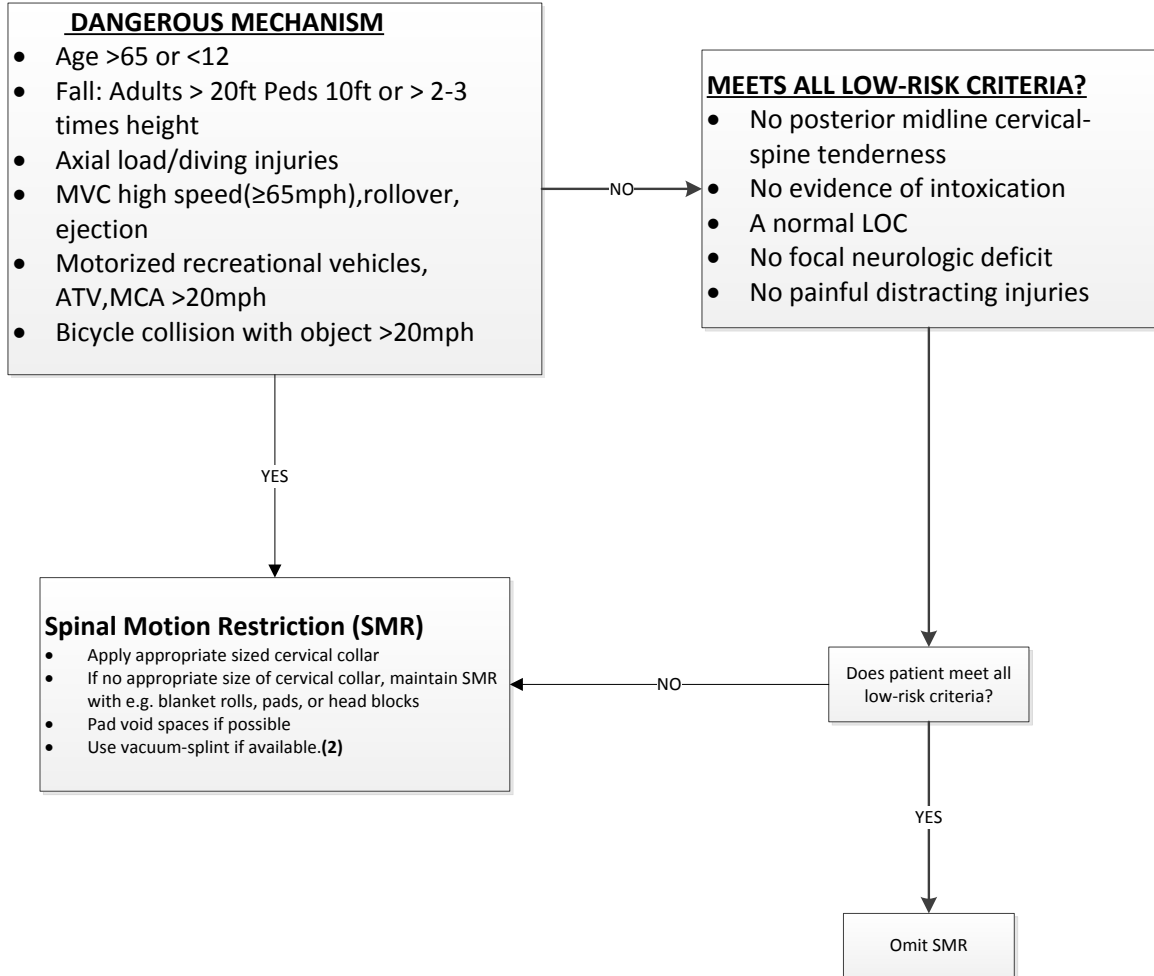


# Spinal Motion Restriction- Blunt Trauma



## Motor/Sensory Exam(5)

- Wrist/hand extension bilaterally
- Foot plantar/flexion bilaterally
- Foot dorsiflexion bilaterally
- Gross sensation in all extremities
- Check for parasthesias

- 1) Document in PCR indications requiring spinal motion restriction.
- .2)Spine boards should only be used when no other method of movement or transfer is feasible
- 3) Do exam before and after applying SMR and document in PCR.