



MAYO CLINIC

# Think F.A.S.T.



## Face

Ask them to smile

Does the face look uneven?

Yes=1 point



## Arms

Ask them to raise both arms

Does one of them drift down?

Yes=1 point



## Speech

Ask them to speak a simple phrase

Does their speech sound strange?

Yes=1 point



## Time

Test these signs if positive call a Stroke Alert

Remember -

**Time is Brain**

Time of symptom onset

### EMS Stroke Alert

Stroke Assessment	Inclusion Criteria	Exclusion Criteria
<ul style="list-style-type: none"> <li>✓ FAST score</li> <li>✓ Call Stroke Alert if FAST ≥ 1</li> <li>✓ Accu-check</li> <li>✓ Time of symptom onset</li> </ul>	<ul style="list-style-type: none"> <li>• Symptom onset &lt;12 hours: transport to Emergency Department</li> </ul>	<ul style="list-style-type: none"> <li>• Seizure</li> <li>• Stroke Symptoms completely resolved</li> <li>• Syncope</li> <li>• Loss of consciousness</li> </ul>

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